



COUNTY OF LOS ANGELES BOARD OF SUPERVISORS

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MEMBERS OF THE BOARD

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SACHI A. HAMAI
EXECUTIVE OFFICER

March 18, 2010

The Honorable Pedro Nava
California State Assembly
State Capitol, Room 2148
Sacramento, CA 95814

Dear Assembly Member Nava:

On March 16, 2010, the Los Angeles County Board of Supervisors adopted a motion by Supervisor Gloria Molina to express support of your Assembly Concurrent Resolution 105, and proclaim the month of May 2010, and every May thereafter, as Perinatal Depression Awareness Month.

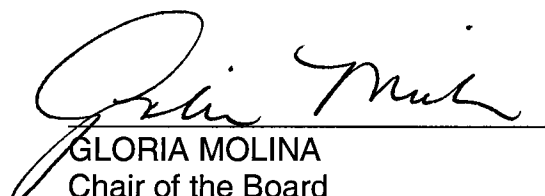
Over 150,000 babies are born in Los Angeles County each year and statistics show that between 10 and 20 percent of new and expectant mothers are affected by perinatal depression and related mood disorders. Many women at-risk of perinatal depression do not seek help because they are unaware of available treatment and community supportive services. Heightened awareness and increased education is critical, because perinatal depression can have a profound impact on families and contribute to adverse developmental and behavioral outcomes and attachment disorders in the young children of affected women. Perinatal depression and related mood disorders affect women and teenage girls regardless of their age, race, or income level.

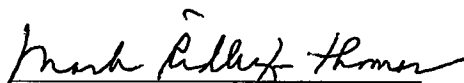
The Los Angeles County Perinatal Mental Health Taskforce is working to increase awareness and education about perinatal depression and related mood disorders to encourage the use of prenatal screening tools, and to improve the availability and access to effective treatment and support services.

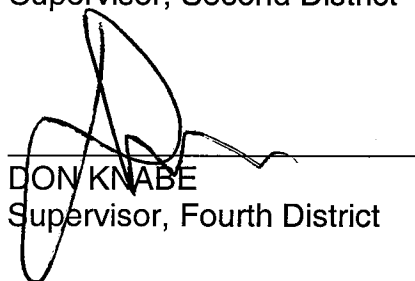
The Honorable Pedro Nava
March 18, 2010
Page 2

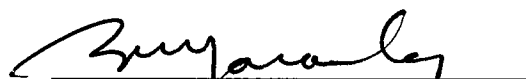
We support your efforts to provide leadership in the area of perinatal depression and the Board of Supervisors has declared the month of May as Perinatal Depression Awareness Month in Los Angeles County.

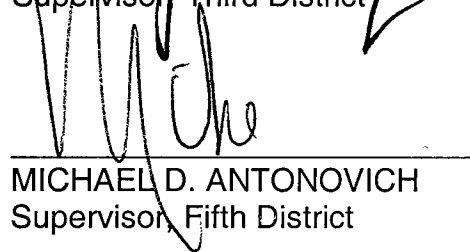
Sincerely,


GLORIA MOLINA
Chair of the Board
Supervisor, First District


MARK RIDLEY-THOMAS
Supervisor, Second District


DON KNABE
Supervisor, Fourth District


ZEV YAROSLAVSKY
Supervisor, Third District


MICHAEL D. ANTONOVICH
Supervisor, Fifth District

c: All Members, Assembly Health Committee
Los Angeles County Perinatal Mental Health Taskforce